

UW Medicine

UW SCHOOL
OF MEDICINE

23rd Annual

**CLINICAL CARDIOLOGY PEARLS
FOR PRIMARY CARE**



**Friday
April 26, 2024
Live Webinar**

Sponsored by UW School of Medicine
Department of Medicine, Division of Cardiology
Office of Continuing Medical Education

TARGET AUDIENCE

For primary care providers – including family medicine physicians, internists, nurse practitioners, physician assistants, nurses, and others with an interest in heart disease.

COURSE DESCRIPTION

This course is tailored for a primary care audience and is intended to provide practical, up-to-date information on commonly encountered cardiovascular diseases. World-class faculty from the University of Washington School of Medicine will teach participants using case-based lectures and Zoom polling to encourage interactive dialogue. Recent guidelines for hypertension, cholesterol management, primary prevention of heart disease, and heart failure will be reviewed. Every-day primary care topics including diagnosis and treatment of coronary artery disease, congestive heart failure, valvular heart disease and supraventricular arrhythmias, including atrial fibrillation, will be covered. Practical issues regarding use of new anticoagulants will be discussed. Appropriateness of cardiac testing will be discussed during lectures on the cardiovascular physical exam and the evaluation of chest pain with stress testing and coronary CT imaging.

FEES AND REGISTRATION

To enroll, please register online at uwcme.org.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA 1 Credits™*, access to online instruction materials, course logistics, and staff salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of *6.50 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Assess treatment strategies and manage high blood pressure based on updated clinical practice guidelines from 2017 (ACC/AHA) and 2020 (ISH)
- Apply cholesterol guidelines and the latest clinical trial data of novel cholesterol treatments to the management of patients with cardiac risk factors and atherosclerotic vascular disease
- Classify patients with chest pain and order the appropriate stress and imaging tests for your patients based on current guidelines
- Evaluate and manage patients with valvular heart disease; to include the ability to identify which heart murmur patients should be referred for an echocardiogram and when patients should be referred for valve repair or replacement
- Support and treat patients with palpitations, and understand the appropriate use of heart rhythm monitors and when to refer patients to cardiology
- Interpret and treat atrial fibrillation and learn how to use direct oral anticoagulants to reduce stroke risk from atrial fibrillation, and when to refer to a specialist to consider rhythm control with antiarrhythmics or catheter ablation.
- Treat heart failure patients with the 4 pillars of guideline-directed medical therapy
- Utilize novel diabetes drugs that have proven benefit in reducing cardiovascular events

Registration	Fee
All Learners	\$200
Resident/Fellow/Student*	\$125

**Resident/Fellow/Student rates require written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*



CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **April 18, 2024**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after April 18, 2024. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

ONLINE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on April 19, 2024, for registrants to print and/or download.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY 206.685.7264/Fax • e-mail: dso@uw.edu



Course Faculty

Course Co-Chairs

Alec Moorman, MD, FACC

Clinical Associate Professor
Division of Cardiology
Section Head, General Cardiology
Physician, Eastside Speciality Center
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Ruchi Kapoor, MD, PhD

Clinical Assistant Professor
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UW Faculty

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Sunu Thomas, MD

Assistant Professor
Attending Physician
Director, MCS/LVAD
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Tomio Tran, MD

Clinical Associate Professor of Medicine
Attending Physician
VA Puget Sound Health Care System

Friday, April 26, 2024

8:00 Welcome & Introduction | *Alec Moorman, MD & Ruchi Kapoor, MD, PhD*

8:05 Prevention Pearls | *Alec Moorman, MD*

8:55 Hypertension Highlights and Difficult Cases | *Ruchi Kapoor, MD, PhD*

9:45 **BREAK**

10:00 Evaluation of Palpitations | *Tomio Tran, MD*

10:50 Modern Heart Failure Management | *Sunu Thomas, MD*

11:40 **LUNCH BREAK**

12:40 Atrial Fibrillation | *Uyanga Batnyam, MD*

1:30 Evaluating Chest Pain | *Marta Alhama-Belotto, MD*

2:20 **BREAK**

2:35 Murmurs and Valve Disease | *Effie Andrikopoulou, MD, MBA, FACC*

3:25 Session Review Q&A
Ruchi Kapoor, MD, PhD & Alec Moorman, MD

3:55 **Adjourn**